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# ProWell

**ProWell:** Protecting the mental wellbeing of our children during and after public health emergencies

PRESS RELEASE

Project No: 2020-1-DE02-KA226-VET-008072



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Based on the research findings of the Erasmus+ funded project, ProWell, which revealed teachers in the EU are not adequately trained to support children's mental health during public health emergencies, the consortium of the project acknowledged the immediate need to develop a mental health training programme that would help teachers identify mental health symptoms in children, recognize signs of abuse, acknowledge common mental health problems during emergencies, and receive practical guidance on how to support children and adolescents in emergencies and promote their wellbeing using digital tools. In order to support the educators, the project ProWell has developed 7 educational modules that are available through an e-learning platform which aims to build teachers' competencies and equip them with the necessary knowledge that will better support children during and after public health emergencies.

The consortium of the project has developed this e-learning platform that includes learning modules as well as working materials, tools and assessment quizzes that are designed to be used by teachers and other educators.

The e-learning platform that was developed by the consortium can be used as a virtual learning environment. Through the platform, users are able to access the training modules, materials, and tools, participate in learning activities and use assessment tools to evaluate their performance. The e-learning platform can, thus, create a possibility to reach the largest possible audience, irrespective of their work or place of residence or social circumstances like distancing. The platform is free to use and barrier free accessible to allow it to be used by as many educators as possible. It is available in seven languages: English, German, Greek, Italian, Spanish, Croatian, and French.

On the 22<sup>nd</sup> of January, the European Symposium will take place in Nicosia and it will highlight the importance and necessity of multicomponent and integrated approaches for supporting the mental health of children during public health emergencies, as well as effective ways to promote the generation of behaviors, attitudes, and skills towards this perspective. Keynote speakers who represent practice and policy in teachers' training and education provision and policy makers will be invited to attend the EU Symposium along with other relevant stakeholders to receive information on the developed material, discuss and exchange ideas on the field.

Towards the end of the project, all the partners will organize a 1-day event in their countries, whose aim is to nationally disseminate and raise awareness on the project. This is a milestone of critical importance as it will enable us to disseminate the results of the project.

For more information, please visit ProWell website at <https://prowell-project.com> or follow the ProWell page on Facebook: [facebook.com/ProWell](https://facebook.com/ProWell).

